



# YOUTH SERVICES PROGRAM

Children who are blind or visually impaired need a safe place where they can learn and develop the skills and self-confidence to thrive at school, in the community, and ultimately in the workplace. CVI offers children ages five through 21 individual and small group classes in cooking and other household skills, braille, orientation and mobility, assistive technology and more. Students can also gain mentors and participate in social and recreational events on weekends.

Course prices vary. Financial assistance is available.

To learn more about scheduling and financial assistance, contact the Youth Services Department at [youthprograms@cviga.org](mailto:youthprograms@cviga.org) or by calling 404-602-4331.



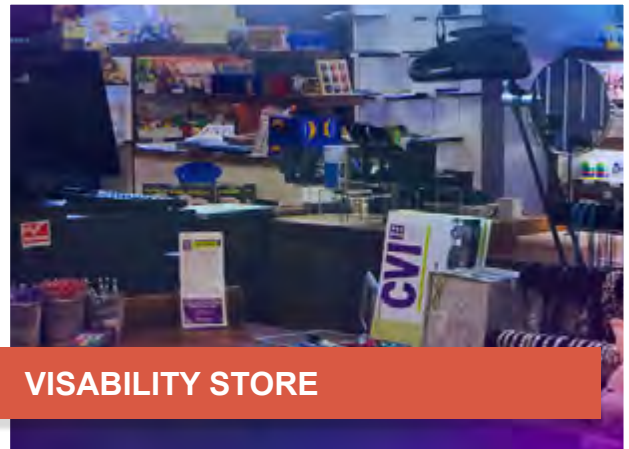
**LOW VISION EVALUATIONS FOR SCHOOL-AGED CHILDREN**

A low vision evaluation will help students develop the skills and identify tools they need to succeed in school and in life. CVI's optometrist and occupational therapist provide counsel and recommendations for devices and supports to help each student achieve their academic goals and participate in extracurricular activities they enjoy.

**Student Low Vision Exam Fee: \$450**

#### Payment Information:

CVI accepts a variety of insurance plans and offers financial assistance for families who qualify for vision exams. Students enrolled in public schools may also be able to schedule an exam with CVI in collaboration with their school.



**VISABILITY STORE**

In the Visability Store, students will find devices and tools that will help them make the most of their vision – finding success in school and continue to do the things they enjoy.

From magnifiers and digital devices to board games, kitchen gadgets and voice activated clocks, they'll discover tools for greater independence and new skills. Come visit the store and learn more about what we have to offer. You can also visit the store with CVI's occupational therapist if you visit us for a low vision exam or schedule an occupational therapy appointment.



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**INDIVIDUAL EDUCATION PLAN CONSULTING (IEP)**

CVI's credentialed Teachers of the Visually Impaired can review your child's Individual Education Plan and provide counsel about services that might benefit your child in their learning and development.

*Review and recommendations regarding current IEP* **\$250**

*IEP review and participation in IEP meeting with parents and school* **\$400**

*Parent Coaching for IEP meetings* **\$75/hour**



**COLLABORATIVE CARE AND PLAN COORDINATION**

CVI's teachers are available to meet with other educators or healthcare providers who are supporting your child or your family. These are opportunities to coordinate care and education plans to ensure your child receives the greatest possible benefit from the range of services they are receiving.

*Collaborative visits with other providers to coordinate care and plans* **\$75/hour**



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## SKILLS TRAINING & CLASS OPTIONS

CVI offers classes to help school-age children gain the skills they need to be successful in school and in their daily lives. A pre-intake assessment is required to gauge the skill level and the student's capacity to focus so they can begin their training at the correct level.



### BRAILLE

Braille skills lay the foundation for literacy, academic success, and lifelong learning for students who are blind or visually impaired. CVI's instructors offer beginner courses in braille, as well as ongoing tutoring to support students of all ages as they continue to learn.

#### **Beginner Course for Students**

**Ages:** 13 years or younger  
**Frequency:** Five (5) 45-minute sessions  
**Fees:** \$150  
**Tutoring:** \$35/hour

#### **Beginner Course for Students**

**Ages:** 14 years or older  
**Frequency:** Five (5) 60-minute sessions  
**Fees:** \$160  
**Tutoring:** \$45/hour

**Parent Classes:** \$60/hour



### SOCIAL AND RECREATIONAL OPPORTUNITIES

Young people with vision loss are often the only child in their class, or even their school, with a visual impairment. Even with the best teaching, they can feel alone and in need of support outside the classroom. CVI hosts a range of mentoring, social and recreational opportunities so that students can connect with peers and adults who understand their challenges, strengths, and goals. Opportunities to engage in physical fitness activities will allow students to develop life-long skills that will benefit their physical and mental health while also supporting good orientation and mobility skills and social skills.

Membership includes participation in support groups, social and recreational outings, and mentoring activities. Specific events and outings may include an additional charge.

**STARS Annual Membership Fee:** \$200



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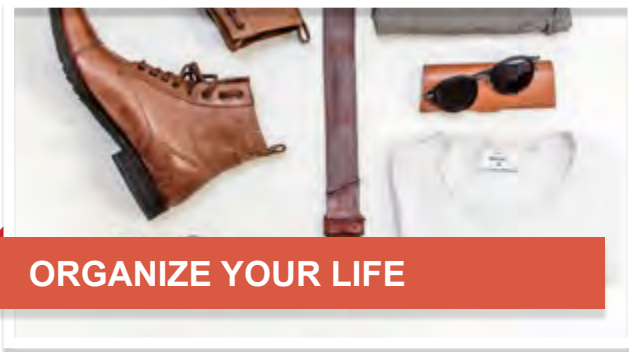
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## INDEPENDENT LIVING SKILLS

Achieving independence begins with learning how to organize the home, prepare meals, clean, do laundry, and perform self-care tasks safely and effectively. CVI offers a range of courses designed to help young people master these activities of daily living essential to succeeding in school, work, and adult life.



### ORGANIZE YOUR LIFE

This class will help students develop strategies to make it easier to find things when they need them through simple tips such as keeping a basket near the door for items like backpack, gloves, wallet/purse, and phone.

They will learn adaptive methods to help locate and identify items that they use every day (i.e. TV remote, hairbrush, toothbrush and toothpaste), and they will learn a variety of labeling methods including large print, tactile, braille, or audio labels for things such as clothing, appliances, school assignments and folders.

**Frequency:** Two (2) 60-minute sessions

**Fee:** \$50/session or  
\$80/two (2) sessions



### CHORES

In this class students will learn how to make their bed, do laundry, and identify when surfaces need cleaning. They'll also practice and learn tips and tools to make sweeping, mopping, vacuuming, washing dishes, and dusting easy.

Additional sessions can be scheduled to continue practicing and learning more advanced skills.

**Frequency:** Four (4) 60-minute sessions

**Fee:** \$50/session or  
\$160/four (4) sessions





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This class covers many of the basics in cooking. Students will learn knife skills like spreading, cutting, chopping and slicing along with measuring and pouring. They will also learn how to label kitchen tools so that they are easy to find when it's time to make a snack, a sandwich, cookies and more.

Adaptive methods and tools are provided in the CVI kitchen so you can test which best suit your needs.

Students will also learn kitchen safety tips such as how to avoid burns and spills in the oven, safe cooking tips such as wearing oven mitts when handling hot pots/pans, or wearing short sleeves or rolling your sleeves above the elbow when working at the stove.

Additional sessions can be scheduled to continue practicing and learning more advanced skills.

*Frequency:* Four (4) 60-minute sessions

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## ORIENTATION AND MOBILITY TRAINING & CLASS OPTIONS

Navigating our homes, schools, and other places we go safely and with confidence is an important step toward independence. CVI offers orientation skills and cane skills for beginners developing new travel skills and for more advanced students focused on deepening their confidence and skills before heading to a new school or job.



### ORIENTATION TECHNIQUES

Learn to become more comfortable moving around your environment whether indoors or outdoors in familiar or unfamiliar places. This could include learning techniques to familiarize yourself to a new location such as your school or job, searching for misplaced objects or keeping track of where you are and knowing how to get to where you want to go, as well as using GPS and public transportation such as MARTA bus and rail.

**Frequency:** Two (2) 60-minute sessions

**Fees:** \$60/session or  
\$100/two (2) sessions



### CANE TECHNIQUES

Learn to use a cane effectively when moving around your environment to prevent stumbling over and bumping into obstacles. This could include learning to use the cane to detect doorways, stairways, changes in floors, curbs, uneven surfaces, sidewalks, driveways or the street.

**Frequency:** Five (5) 60-minute sessions

**Fees:** \$60/session or  
\$250/series of five (5) sessions



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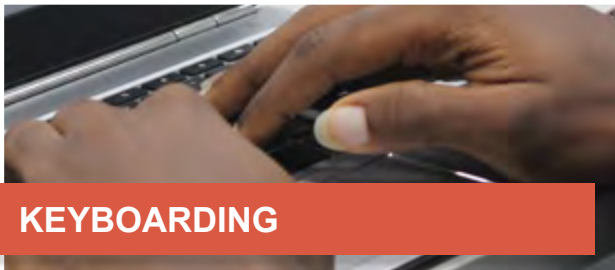
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## TECHNOLOGY SKILLS

Making the most of technology is key to academic success and independence. CVI's team can help students identify the technology tools and skills that are the best fit for their strengths and goals. We can help students learn to gain the greatest value from each tool, from a smart phone to specialized software.



### KEYBOARDING

**Keyboarding skills are essential for people with vision loss hoping to learn or re-learn how to use a computer.** In this class, students will learn the basics of Fun with TypeAbility, an accessible touch typing and Computer Tutor Program for people who are blind or visually impaired. They will also learn to touch type and gain overall knowledge of computer keyboard layout.

**Required:** Participants must be able to sit at a computer for 45 - 60 minutes; feel the individual keys on a keyboard with or without tactile markers; and listen to and understand computer-generated audio instructions, with or without hearing aids

**Ages:** 13 years or younger  
**Frequency:** Minimum one (1) 45-minute session with three (3) 30-minute follow up lessons  
**Fees:** \$50/45-min session, \$25/30-min lesson  
\$85/series

**Ages:** 14 years or older  
**Frequency:** Minimum one (1) 60-minute session with three (3) 30-minute follow up lessons  
**Fees:** \$60/60-min session, \$35/30-min lesson  
\$125/series



### SMARTPHONE 101

**The Smartphone is a great way to stay in touch with friends and family and useful for everyday tasks.** This intro-level class will teach students about accessibility features of the smartphone such as Voiceover and how to make and receive phone calls, send text messages and check voicemail.

**Required:** Participants must be a minimum of ten years old and have a smartphone of their own.

**Frequency:** One (1) 60-minute session

**Fee:** \$50/session



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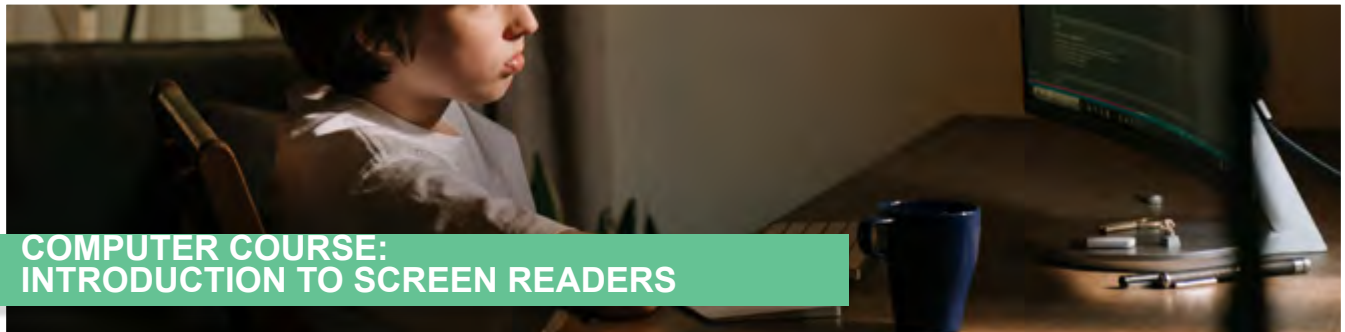
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### COMPUTER COURSE: INTRODUCTION TO SCREEN READERS

**Screen Reader Software allows blind and visually impaired users to read their computer screens.**

In this course, students will learn how to navigate through webmail, surf the Internet, learn basic windows navigation, use screen reading commands and customize to their preferences. This class is full of helpful knowledge for a beginner wanting to learn the basics.

**Required:** Participants must have a Windows 10 computer with screen reader software installed on their personal computer to enroll. It is recommended that clients learning on a laptop computer use a standard keyboard. You must be able to sit at a computer for 45-60 minutes, feel the individual keys on a keyboard, and listen to and understand computer-generated audio instructions.

**Ages:** 13 years or younger

**Frequency:** Ten (10) 45-minute sessions

**Fee:** \$70/session or \$600/series

**Ages:** 14 years or older

**Frequency:** Ten (10) 60-minute sessions

**Fee:** \$90/session or \$800/series